

# 3M<sup>™</sup> RelyX<sup>™</sup> Cements

# Material Pretreatment Guide\*

#### 3M™ RelyX™ Universal

Resin Cement

Material Type	Examples	Pretreatment (A) S
Glass Ceramics	IPS e.max®, IPS Empress®, Celtra® Duo, VITABLOCS® Mark II	Step 1: Etching with hydrofluoric (HF) acid Step 2: 3M™ Scotchbond™ Universal Plus Adhesive
Zirconia/Alumina/Metal (PFM)	3M™ Lava™ Zirconia, 3M™ Chairside Zirconia, BruxZir® Zirconia	Step 1: Sandblasting with aluminum oxide 30-50µm at 30 psi (2 bar) Step 2: (optional, recommended for veneers, tabletops, adhesive bridges): 3M™ Scotchbond™ Universal Plus Adhesive
Composite/Hybrids	3M™ Lava™ Ultimate CAD/CAM Restorative, 3M™ Paradigm™ MZ100 Block, Cerasmart™	Step 1: Sandblasting with aluminum oxide 30-50µm at 30 psi (2 bar) Step 2: 3M™ Scotchbond™ Universal Plus Adhesive
Fiber-reinforced Composite Post	3M™ RelyX™ Fiber Post, 3M™ RelyX™ Fiber Post 3D	<ul> <li>Step 1: Clean with Ethanol</li> <li>Step 2: For RelyX posts no primer required, for other Posts apply</li> <li>3M™ Scotchbond™ Universal Plus Adhesive</li> </ul>

### **3M™ RelyX™ Ultimate**

Adhesive Resin Cement

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Material Type	Examples	Pretreatment Series
Glass Ceramics	IPS e.max®, IPS Empress®, Celtra® Duo, VITABLOCS® Mark II	Step 1: Etching with hydrofluoric (HF) acid Step 2: 3M™ Scotchbond™ Universal Adhesive
Zirconia/Alumina/Metal (PFM)	3M™ Lava™ Zirconia, 3M™ Chairside Zirconia, BruxZir® Zirconia	Step 1: Sandblasting with aluminum oxide 30-50µm at 30 psi (2 bar) Step 2: 3M™ Scotchbond™ Universal Adhesive
Composite/Hybrids	3M™ Lava™ Ultimate CAD/CAM Restorative, 3M™ Paradigm™ MZ100 Block, Cerasmart™	Step 1: Sandblasting with aluminum oxide 30-50µm at 30 psi (2 bar) Step 2: 3M™ Scotchbond™ Universal Adhesive
Fiber-reinforced Composite Post	3M™ RelyX™ Fiber Post, 3M™ RelyX™ Fiber Post 3D	<b>Step 1:</b> Clean with Ethanol <b>Step 2:</b> 3M™ Scotchbond™ Universal Adhesive

## 3M™ RelyX™ Unicem 2

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Material Type	Examples	Pretreatment
Glass Ceramics	IPS e.max®, IPS Empress®, Celtra® Duo, VITABLOCS® Mark II	<b>Step 1:</b> Etching with hydrofluoric (HF) acid <b>Step 2:</b> Apply Silane, e.g. 3M <sup>™</sup> RelyX <sup>™</sup> Ceramic Primer
Zirconia/Alumina/Metal (PFM)	3M™ Lava™ Zirconia, 3M™ Chairside Zirconia, BruxZir® Zirconia	Sandblasting with aluminum oxide 30-50µm at 30 psi (2 bar)
Fiber-reinforced Composite Post	3M™ RelyX™ Fiber Post, 3M™ RelyX™ Fiber Post 3D	Step 1: Clean with Ethanol Step 2: For RelyX posts – no primer required, for other Posts follow manufacturer instructions.

#### 3M™ RelyX™ Luting Plus

Resin Modified Glass Ionomer Cement



Note: These recommendations are specific to the RelyX™ branded products manufactured by 3M Oral Care and should be followed unless indicated differently by the manufacturer of the restoration material being used. For questions, contact 3M Customer Care at 1-800-634-2249.

<sup>\*</sup> For complete list of indications, please refer to product's Instruction for Use.