# **D&S Comfort Splint** Cleaning & Care Instructions

This splint has been customized for you and designed for comfort. Wear your splint as prescribed by your dental professional and follow your daily routine of brushing and flossing. Keep up with regular dental appointments and check the fit and condition of your appliance during each visit. If you have any new dental work done, confirm the fit of this appliance with your dental professional. If you experience discomfort or pressure, contact your dental professional for follow up.

D&S Comfort splints are fabricated from Keystone Industries KeySplint Soft™ resin for Carbon printers.

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## **Daily Cleaning**

Clean your appliance daily before and after every use. Immediately after removal, use warm water (not to exceed 45°C/113°F) and soap to remove remaining saliva and debris from the device.

### **Using Cleaning Agents**

For periodic removal of debris and maintenance, you can use any mild over-the-counter cleaning agents designed for oral devices. If needed, use a soft bristle brush to clean the inside of your appliance for debris removal. Some of the validated cleaning agents include Dawn<sup>®</sup> dish soap, Polident<sup>®</sup>, Efferdent<sup>®</sup>, 3% peroxide solution, 15% bleach solution and mouthwash.

#### Cautions

- Do Not Soak your appliance in any liquid for more than 1 hour.
- **Do Not** use abrasive cleaning agents (i.e. toothpaste) as it can shorten the life of your appliance.
- Dispose of the cleaning solution after each use. Rinse the appliance well prior to use.
- **Do Not Soak** the appliance in water hotter than 45°C/113°F due to risk of warping of the device.
- **Do Not** eat or drink with the appliance. Drinking hot liquid may affect the fit of the appliance. Please remove the device prior to eating for optimal performance, fit and long life.
- Handle your splint with care. Dry your appliance prior to storing it in the case to prevent bacterial growth.